



During a period of emotional uncertainty after the loss of a spouse, there are three opportunities for survivor support. Each provides different levels of support for the survivor to choose the support which fits their needs.

## **CHRISTIAN HEALTH CARE**

**301 Sicomac Avenue, Wyckoff**

### **PASTORAL CARE**

Offers monthly Faith & Grief luncheons which provide an opportunity for people dealing with grief and loss to share a meal and connect with others who are experiencing the same challenges. Trained facilitators, typically clergy from various local religious institutions, run the small group sessions, where participants benefit from the ministry of compassion and connection.

For more information, 201.848.5868.

## **ST. ELIZABETH'S CHURCH, WYCKOFF**

**700 Wyckoff Avenue**

### **BEREAVEMENT MINISTRY**

Offers two types of support, Bereavement Support and Bereavement Nights. Both programs are for men and women of all faiths and are run by certified Bereavement Support Facilitators.

For more information about these groups, call 201-891-1122, ext. 266 or [saintelizabeths.org/bereavement-ministry](http://saintelizabeths.org/bereavement-ministry)

## **VALLEY HEALTH HOSPICE SERVICES**

Valley Hospice provides bereavement services for adults and children throughout the year which consist of several support groups and special programs including the annual Night of Remembrance and Finding Hope in the Holidays events. All bereavement programs are offered both in person, virtually or in your home.

To register or for more information on the groups, call Carley Anne Tsaglos at [201-291-6246](tel:201-291-6246) or [valleyhealth.com/services/bereavement-services](http://valleyhealth.com/services/bereavement-services)